

INGLEMOOR CENTER #56040 (HSG)

Week-At-A-Glance

hcs1northern2021 Week 1

Sun	Mon	Tue	Wed	Thu	Fri	Sat
Breakfast:Regular						
Scrambled Eggs Blueberry Muffin	French Toast Sausage Patty	Scrambled Eggs w/Cheese Biscuit	Egg & Hashbrown Bake Toast	Buttermilk Pancakes Bacon	Scrambled Eggs Peach Streusel Coffee Cake	Baked Cheese Omelet Breakfast Ham Toast
Lunch:Regular						
Fried Chicken Tuna Salad Sandwich Calico Coleslaw Marinated Cucumber & Onion Salad Ranch Style Potato Wedges Garden Pasta Salad Cornbread Peach Pie w/Crumb Topping	Hawaiian Baked Ham Herbed Chicken Breast Sauteed Spinach w/Garlic Capri Vegetable Blend Whipped Sweet Potatoes Parsley Noodles Dinner Roll/Bread Pineapple Tidbits	Baked Ziti w/Meatsauce Parsley Pork Chop Tossed Salad w/Dressing Sliced Carrots Mashed Potatoes Garlic Breadstick Strawberry Shortcake	BBQ Pork on a Bun Salisbury Steak Zucchini & Onions Braised Cabbage Tater Tots Herbed Rice Dinner Roll/Bread Tropical Fruit Salad	Chicken Salad Sandwich on Croissant Thin Crust Cheese Pizza Marinated Cucumber & Tomato Salad Tossed Salad w/Dressing Garden Pasta Salad Breadstick Seedless Watermelon Cubes	Shrimp Scampi Chicken Tenders Broccoli Florets Sliced Carrots Spaghetti Noodles Mashed Potatoes Garlic Bread Chocolate Ice Cream	Chicken Pasta Primavera Hamburger on a Bun Caesar Salad Green Pea Salad French Fries Parmesan Breadstick Blondie
Dinner:Regular						
Swedish Meatballs Smothered Turkey Patty Green Peas Sliced Carrots Buttered Noodles Buttered Rice Dinner Roll/Bread Deluxe Fruit Salad	Turkey Sandwich Grilled Cheese Sandwich Broccoli Salad Marinated Green Bean Salad Creamy Dill Macaroni Salad Potato Chips Savory Summer Soup Lemon Cake w/Icing	Honey Dijon Chicken Thigh Herb & Lemon Fish Fillet Sauteed Asparagus Cuts Country Vegetable Blend Rice Pilaf Potato Wedges Rosemary Dinner Roll Summer Fresh Fruit Cup	Breaded Pollock Fish Fillet Sweet & Sour Meatballs Peas & Carrots Seasoned Spinach Baked Potato Egg Noodles Dinner Roll/Bread Tuxedo Cheesecake Bar	Beef Pepper Steak w/Gravy. Rancher's Pork Chop Roasted Green Beans Squash Medley Garlic Mashed Potatoes Yellow Rice Dinner Roll/Bread Peanut Butter Cookie	Turkey Burger on a Bun Hamburger Steak w/Grilled Onions Confetti Coleslaw Seasoned Whole Kernel Corn (veg) Potato Wedges Buttered Rice Dinner Roll/Bread Fruit Cocktail	Kielbasa Sausage Cheese Quiche Seasoned Cabbage Capri Vegetable Blend Oven Brownd Potatoes Dinner Roll/Bread Mandarin Oranges

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Week-At-A-Glance

hcsq1northern2021 Week 2

Sun	Mon	Tue	Wed	Thu	Fri	Sat
Breakfast:Regular						
French Toast Bacon	Scrambled Eggs Glazed Cinnamon Roll	Biscuit Hashbrown	Scrambled Eggs Breakfast Ham English Muffin	Baked Cheese Omelet Toast	Western Scrambled Eggs Toast	Buttermilk Pancakes Sausage Patty
Lunch:Regular						
Roast Beef Au Jus Rotisserie Chicken Thigh Sauteed Spinach Seasoned Zucchini Garlic & Rosemary Roasted Red Skin Potatoes Buttered Rice Dinner Roll/Bread Apple Crisp	Chicken Parmesan w/ Breaded Pollock Fish Fillet Tossed Salad w/Dressing Green Peas Tater Tots Garlic Breadstick Chocolate Chip Cake w/White Frosting	Garlic Herbed Pork Loin Rosemary Chicken Breast Broccoli Florets Seasoned Spinach Oven Brownd Potatoes Parmesan Noodles Dinner Roll/Bread Peach Shortcake	Homestyle Meatloaf w/Ketchup Glaze Garlic Baked Pork Chop Buttered Green Peas Sliced Carrots Au Gratin Potatoes Rice Pilaf Poppy Seed Dinner Roll Orange Sherbet	Hot Dog on a Bun Hamburger on a Bun Confetti Coleslaw Broccoli Salad French Fries Strawberries & Banana	Mediterranean Baked Fish Fillet Grilled Cheese Sandwich Sauteed Asparagus Cuts Squash Medley Rice Pilaf Tater Tots Dinner Roll/Bread Summer Fresh Fruit Cup	Sweet Garlic Chicken Breast Glazed Baked Pork Chop Sugar Snap Peas Sliced Carrots Stir Fried Noodles Mashed Potatoes Dinner Roll/Bread Sugar Cookie
Dinner:Regular						
Tuna Salad Sandwich on Croissant Ham Sandwich Calico Coleslaw Creamy Cucumber & Onion Salad Garden Pasta Salad Potato Chips S'more Pudding Parfait	Swiss Steak w/Gravy Baked Macaroni & Cheese Seasoned Whole Kernel Corn (veg) Baked Tomato Halves Herbed Mashed Potatoes Dinner Roll/Bread Seedless Watermelon Cubes	Thin Crust Cheese Pizza Smothered Turkey Patty Parmesan Baked Zucchini Country Vegetable Blend Mashed Potatoes Italian Herbed Dinner Roll Chilled Pears	Honey Glazed Turkey. Herb Baked Fish Fillet Herbed Green Beans Whole Kernel Corn (veg) Baked Sweet Potatoes Buttered Noodles Dinner Roll/Bread Fruit Cocktail	Marinated Chicken Thigh Cheese Quiche Honey Roasted Carrots Creamy Cucumber & Onion Salad Herbed Noodles Dinner Roll/Bread Black Forest Cake	Baked Ziti w/Cheese Italian Sausage Caesar Salad Sauteed Spinach w/Garlic Herbed Potato Wedges Garlic Bread Butterscotch Pudding	Philly Cheesesteak Sandwich Breaded Chicken on a Bun Tossed Salad w/Dressing Marinated Cucumber & Tomato Salad French Fries Macaroni Salad Chilled Peach Parfait

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Week-At-A-Glance

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Sun	Mon	Tue	Wed	Thu	Fri	Sat
Breakfast:Regular						
Scrambled Eggs Blueberry Muffin	French Toast Sausage Patty	Scrambled Eggs w/Cheese Biscuit	Buttermilk Pancakes Bacon	Egg & Hashbrown Bake Toast	Scrambled Eggs Peach Streusel Coffee Cake	Baked Cheese Omelet Sausage Patty Toast
Lunch:Regular						
Cheese Ravioli w/Marinara Sauce Thyme Baked Chicken Thigh Caesar Salad Roasted Green Beans Buttered Rice Garlic Breadstick Vanilla Ice Cream	Roast Turkey Rancher's Pork Chop Sliced Glazed Carrots Green Peas Mashed Potatoes Parsley Noodles Dinner Roll/Bread Marble Cake w/White Frosting	Honey Glazed Sliced Ham Salisbury Steak Spinach Au Gratin Whole Kernel Corn (veg) Baked Sweet Potatoes Parmesan Noodles Dinner Roll/Bread Summer Fresh Fruit Cup	Egg Salad Sandwich on Croissant Turkey Salad Sandwich Tomato Basil Salad Marinated Cucumber & Onion Salad Creamy Dill Macaroni Salad Potato Chips Snickerdoodle Cookie	Beef Pepper Steak w/Gravy Lemon Pepper Chicken Breast Buttered Green Peas Seasoned Spinach Mashed Potatoes Buttered Noodles Dinner Roll/Bread Chilled Pear Parfait	Shrimp Alfredo w/ Parsley Pork Chop Steamed Asparagus Cuts Sliced Parsley Carrots Roasted Red Skin Potatoes Garlic Bread Cherry Crisp	Fried Chicken Smothered Turkey Patty Buttered Whole Kernel Corn (veg) Broccoli Florets Garlic Potato Wedges Egg Noodles Dinner Roll/Bread Pineapple Tidbits
Dinner:Regular						
Kielbasa Sausage Chicken Tenders Braised Cabbage Whole Kernel Corn (veg) Garlic Roasted Red Skin Potatoes Herbed Noodles Dinner Roll/Bread Apple Crisp	Cheeseburger on a Bun Breaded Pollock Fish Fillet on a Bun Confetti Coleslaw Squash Medley Tater Tots Buttered Noodles Tropical Fruit Salad	Cornflake Chicken Breast Thin Crust Cheese Pizza Capri Vegetable Blend Tossed Salad w/Dressing Rice Pilaf Parsley Dinner Roll Double Chocolate Brownie	BBQ Pork Platter Marinated Chicken Thigh Zucchini & Onions Green Beans Baked Beans Seasoned Rice Cornbread Mandarin Oranges	Butter Crumb Fish Fillet Cheese Ravioli w/Marinara Sauce Broccoli Florets Capri Vegetable Blend Cheesy Rice Dinner Roll/Bread Lemon Cake w/Icing	Grilled Turkey & Cheese Sandwich Hamburger Steak w/Grilled Onions Creamy Cucumber & Onion Salad Country Vegetable Blend French Fries Buttered Rice Corn Chowder Soup Seedless Watermelon Cubes	Meatballs w/Marinara Sauce Cheese Quiche Parmesan Baked Zucchini Seasoned Green Beans Breadstick Chocolate Cream Pie

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Week-At-A-Glance

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Sun	Mon	Tue	Wed	Thu	Fri	Sat
Breakfast:Regular						
Scrambled Eggs Glazed Cinnamon Roll	French Toast Bacon	Biscuit Hashbrown	Baked Cheese Omelet Toast	Scrambled Eggs Breakfast Ham English Muffin	Western Scrambled Eggs Toast	Buttermilk Pancakes Sausage Patty
Lunch:Regular						
Rosemary Pork Loin Lemon Pepper Fish Fillet Sauteed Spinach w/Garlic Capri Vegetable Blend Scalloped Potatoes Parsley Rice Dinner Roll/Bread Pear Crisp	Homestyle Meatloaf w/Ketchup Glaze Thyme Chicken Breast Honey Roasted Carrots Sauteed Green Beans Duchess Mashed Potatoes Herbed Noodles Herbed Dinner Roll Spiced Apple	Marinated Chicken Thigh Meatballs w/Gravy Squash Medley Capri Vegetable Blend Parmesan Noodles Mashed Potatoes Dinner Roll/Bread Butterscotch Pudding Parfait	Italian Sausage Smothered Turkey Patty Broccoli Florets Buttered Whole Kernel Corn (veg) Garlic & Rosemary Roasted Red Skin Potatoes Buttered Noodles Parsley Dinner Roll Lemon Bar	Lasagna w/Meatsauce Egg Salad Sandwich Caesar Salad Creamy Cucumber & Onion Salad Potato Chips Garlic Breadstick Double Chocolate Brownie	Breaded Pollock Fish Fillet BBQ Chicken Thigh Country Vegetable Blend Seasoned Spinach Au Gratin Potatoes Yellow Rice Dinner Roll/Bread Sour Cream Orange Cake	Turkey Divan w/Broccoli Cheese Quiche Seasoned Green Beans Tomato Basil Salad Steamed Rice Poppy Seed Dinner Roll Seedless Watermelon Cubes
Dinner:Regular						
Chicken Tenders Hamburger Steak w/Grilled Onions Tossed Salad w/Dressing Whole Kernel Corn (veg) French Fries Buttered Noodles Dinner Roll/Bread Vanilla Ice Cream	Citrus Glazed Turkey BBQ Pork Chop Steamed Broccoli Florets w/Lemon Country Vegetable Blend Rice Pilaf Baked Sweet Potatoes Dinner Roll/Bread Cherry Cheesecake Bar	Ham & Swiss Sandwich on Wheat Tuna Salad Sandwich Green Pea Salad Marinated Tomato & Onion Salad Potato Chips Macaroni Salad Summer Fresh Fruit Cup	Cornflake Crusted Fish Fillet Thin Crust Cheese Pizza Baked Tomato Halves Roasted Zucchini Macaroni & Cheese Dinner Roll/Bread Chilled Peach Parfait	Rancher's Chicken Breast Garlic Baked Pork Chop Sugar Snap Peas Capri Vegetable Blend Baked Potato Egg Noodles Dinner Roll/Bread Tropical Fruit Salad	Hot Dog on a Bun Baked Macaroni & Cheese Confetti Coleslaw Tossed Salad w/Dressing Chilled Pears	Cheeseburger on a Bun Breaded Chicken on a Bun Marinated Cucumber & Tomato Salad Sauteed Zucchini Tater Tots Garden Pasta Salad Chocolate Chip Cookie